

Identify risks and strengthen workplace wellbeing

#### What Is It

The Psychosocial Safety Audit is a comprehensive evaluation tool designed to help organisations meet new legislative requirements and best practice standards for psychosocial safety. Using ISO 45003, WorkSafe NZ guidelines, and evidence from Australia, we assess workplace pressure points and provide actionable recommendations. The audit includes an employee survey exploring areas such as job role clarity, work design, workplace culture, and environment. We also conduct interviews with key organisational members and review policies and SOPs using the Bowtie Method for hazard control and mitigation. Both data sets are combined into a detailed report outlining organisational strengths and risks. Optional extras include management-level surveys, consultancy support, and the Kōwhai Certified Wellbeing stamp to demonstrate your commitment to employee wellbeing.

## Why It Matters

- Ensures compliance with psychosocial safety legislation.
- Reduces risk of stress-related harm.
- Builds a safer, healthier workplace.

### Who Is It For?

- HR and Health & Safety teams.
- Senior leadership and decision-makers.
- Organisations seeking certification and compliance.

# Psychosocial Safety Audit

#### **Our Community Commitment**

We believe wellbeing should be accessible to everyone. Through our sister company, Kōwhai Therapeutic Services, we provide low-cost counselling for the community. In addition, 5% of all revenue from Kōwhai Wellbeing Group services is reinvested into community counselling, helping ensure support reaches those who need it most.



#### **Timeframe**

Typically completed within 4–6 weeks. Time depends on the size of team/organisation

#### How It Works

- 1. Employee Survey Assess psychosocial risk factors.
- 2. **Leadership Interviews** Explore organisational practices and policies.
- 3. **Policy & SOP Review** Identify gaps using Bowtie Method.
- 4. **Comprehensive Report** Actionable recommendations for improvement.

# **Options**

- **Standard Audit** Employee survey, policy review, and recommendations.
- Comprehensive Audit Adds leadership interviews and deeper analysis.
- Enhanced Package Includes management survey, consultancy support, and certification.









