



PSYCHOLOGICAL SAFETY INDEX

Measure and improves team safety for better performance

What Is It

The Psychological Safety Index is a survey-based assessment that can be applied across the entire workplace or targeted to a specific team or business unit. Using Clark's Four Stages of Psychological Safety, we pinpoint the stage your organisation is currently at and identify key pressure points. We develop customised questions to suit your audience and provide a comprehensive report with actionable steps to improve psychological safety. This tool can be used as a standalone assessment or combined with additional support such as training and consultancy to embed suggested actions. We also offer re-assessment at any point to measure the impact of changes.

Why It Matters

- Builds trust and innovation within teams.
- Reduces turnover and burnout.
- Supports compliance with psychosocial safety standards.

Who Is It For?

- HR teams and leadership.
- Organisations seeking wellbeing certification.
- Businesses committed to creating safe, high-performing workplaces.

Take the Next Step
Book a consultation today
office@kowhaiwellbeinggroup.com

Psychological Safety Index (PSI)

Our Community Commitment

We believe wellbeing should be accessible to everyone. Through our sister company, Kōwhai Therapeutic Services, we provide low-cost counselling for the community. In addition, 5% of all revenue from Kōwhai Wellbeing Group services is reinvested into community counselling, helping ensure support reaches those who need it most.



Timeframe

Initial assessment and report delivered within 2–3 weeks.

How It Works

1. **Survey Design** – Tailored questions for your team or organisation.
2. **Data Collection** – Anonymous responses from employees.
3. **Analysis & Reporting** – Identify pressure points and provide actionable recommendations.
4. **Optional Support** – Training, consultancy, and re-assessment to track progress.

Options

- **Standalone Assessment** – A one-off survey and report for quick insights.
- **Assessment + Consultancy** – Includes expert guidance to implement recommendations.
- **Assessment + Training** – Combine with workshops to embed psychological safety practices.
- **Full Package** – Assessment, consultancy, training, and re-assessment to track progress.



Office @kowhaiwellbeinggroup.com



www.kowhaiwellbeinggroup.com

CALL US FOR MORE INFO



027 415 4715