



PSYCHOSOCIAL CONSULTANCY

Expert guidance for workplace wellbeing challenges.

What Is It

Our consultancy service provides tailored support for organisations of all sizes. Whether you're navigating complex psychosocial safety and wellbeing challenges or simply need guidance to stay compliant, we're here to help. For larger organisations, we work alongside leadership teams to design and implement strategies that align with business goals. For smaller businesses without dedicated HR or Health & Safety teams, we offer practical advice, mentoring, and regular check-ins to ensure compliance and best practice. Consultancy can be one-off, short-term, or ongoing, and during the consultancy period, you receive discounts on all other Kōwhai Wellbeing Group services.

Why It Matters

- Provides clarity, advice and direction.
- Provides assurance on actions.
- Solves complex psychosocial issues.
- Aligns wellbeing with business goals.

Who Is It For?

- HR and People & Culture teams.
- Team leaders and managers.
- Business owners needing advice and support
- Organisations facing high-risk challenges

Take the Next Step
Book a consultation today
office@kowhaiwellbeinggroup.com

Psychosocial Consultancy

Our Community Commitment

We believe wellbeing should be accessible to everyone. Through our sister company, Kōwhai Therapeutic Services, we provide low-cost counselling for the community. In addition, 5% of all revenue from Kōwhai Wellbeing Group services is reinvested into community counselling, helping ensure support reaches those who need it most.



Timeframe

Flexible: one-off sessions or ongoing support (4–12 weeks typical).

How It Works

1. **Discovery Session** – Understand your needs and goals.
2. **Strategy Development** – Create tailored solutions.
3. **Implementation Support** – Guide your team through actions and change.

Options

- **One-Off Consultation** – A single session for immediate clarity and direction.
- **Short-Term Support** – A focused engagement to address specific challenges.
- **Continuous Partnership** – Ongoing strategic support for long-term change.



Office @kowhaiwellbeinggroup.com



www.kowhaiwellbeinggroup.com

CALL US FOR MORE INFO



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