



SUPERVISION

Professional support for counsellors and wellbeing practitioners.

What Is It

Standalone supervision provides a confidential space for counsellors and wellbeing practitioners to reflect on their work, maintain ethical standards, and safeguard their own wellbeing. Unlike the programme, this service is focused on individual professional development rather than organisational design.

Why It Matters

- Ensures professional standards.
- Reduces burnout and isolation.
- Enhances reflective practice.

Who Is It For?

- HR and People & Culture teams.
- Team leaders and managers.
- Frontline teams
- Organisations facing high-risk challenges

Take the Next Step
Book a consultation today
office@kowhaiwellbeinggroup.com

Supervision Programme

Our Community Commitment

We believe wellbeing should be accessible to everyone. Through our sister company, Kōwhai Therapeutic Services, we provide low-cost counselling for the community. In addition, 5% of all revenue from Kōwhai Wellbeing Group services is reinvested into community counselling, helping ensure support reaches those who need it most.



Timeframe

Monthly or bi-monthly sessions.

How It Works

1. **Initial Consultation** – Define goals and frequency.
2. **Supervision Sessions** – Confidential group discussions.
3. **Workshops** – Tailored sessions based on identified needs.
4. **Quarterly Reports** – Track themes and progress.

Options

- **Individual Supervision** – One-on-one sessions for personalised support.
- **Group Supervision** – Collaborative sessions for shared learning and reflection.

 Office @kowhaiwellbeinggroup.com

 www.kowhaiwellbeinggroup.com

CALL US FOR MORE INFO



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